



Gyda'n gilydd gallwn ni i gyd helpu i gadw **Sir y Fflint** yn ddiogel
Together we can all help to keep **Flintshire** safe

COVID-19 Update 2 October 2020

Protecting our most vulnerable residents

A local "lockdown" is not easy for any of us, but especially difficult for our most vulnerable residents and people living alone.

We want to take this opportunity to remind you how we can help during this time to ensure you stay safe and are receiving the care and support you need. It is a challenging time for everyone. If you need help, contact us between 8.30 a.m. and 5.00 p.m. Monday-Friday on 01352 752121.

Our friendly team will talk to you about the help we can provide. We can arrange for food and medicine to be delivered to your home and keep you in touch with people.

We have already helped members of our community and this has really supported them to keep safe and follow the advice given by Welsh Government. Please keep safe and continue to follow the advice you have been given.

To ease the impact this has on adults living alone, Welsh Government has announced an easing of the restriction so that single adult households will be able to form an alliance with one other household from within that county area.



Useful contact details

- Adult Services Single Point of Access (SPOA) - 03000 858858 or SPOA@flintshire.gov.uk
- Flintshire County Council Contact Centre - 01352 752121
- Flintshire Local Voluntary Council - 01352 744000
- Flintshire Family Information Service: Email:(for Family Information Service enquiries only) fisf@flintshire.gov.uk
- Websites: www.dewis.wales or www.fis.wales

Help is at hand

- Are you concerned about your mental health and well-being?
- Do you need support to help you through this stressful period?
- The Dewis website has details of a range of mental health and well-being support services.

Stay safe, stay local

As the weekend approaches, we must all remember that residents cannot travel in or out of Flintshire without a valid reason.

It also means that people from outside Flintshire cannot visit our parks and recreation facilities – these are, for the time being, for local residents only. These include Wepre Park, Greenfield Valley Heritage Park, Waun-Y-Llyn Country Park and Talacre.

North Wales Police have said that officers will be visible in our communities, working to explain and encourage compliance.

The main restrictions are:

- people are not allowed to enter or leave the Flintshire County Council area without a reasonable excuse
- people can no longer be able to form, or be in, an extended household (sometimes called a “bubble”)
- this means meeting indoors with anyone who is not part of your household (people you live with) is not allowed at the moment, unless you have a good reason, such as providing care to a vulnerable person
- all licensed premises have to stop serving alcohol at 10pm
- people must work from home wherever possible

Please cooperate, follow the rules and regulations and stay safe, stay local.

What you need to know if you're planning to eat out or visit your local pub



Flintshire is currently under a local "lockdown" and Welsh Government has issued published guidance for anyone planning to go out for a drink or meal.

[The full guidance can be viewed here](#), but if you are going out to eat or drink here's the key things you need to know:

- You cannot meet for a drink or meal with anyone who is not a member of your immediate household until the local lockdown is lifted.
- You cannot go out of Flintshire County for a drink or meal until the local lockdown is lifted.
- You must wear a face mask to go into a pub or to go into a restaurant or cafe.
- You must keep your mask on at all times except when you are seated at your table.
- There will be table service only and you may not get up to go the bar. Orders will be taken at the table and drinks brought to you.
- All staff working in areas where there are customers will be wearing masks.
- You cannot mingle with anyone outside your table group or move around inside the premises.
- You must not move the tables as these will have been laid out in order to keep people from different households a safe distance apart.
- Even if you are only out for a drink and not a meal you must remain seated at your designated table for the duration of your visit.
- If you need to leave the table for any reason, for example to go to the toilet, you must put your face mask on.
- There are exemptions regarding the wearing of masks which will apply to some customers and these are explained in the guidance

And don't forget you'll also need to wear a face mask if you're going by train or bus and if planning on getting a taxi.

These new measures are there to protect everyone and reduce the spread of the virus. If they fail and infections continue to rise it is probable that more restrictive measures will be introduced.

Please do your bit to keep Flintshire safe.



ALERT FOR FLINTSHIRE

Due to a sharp increase in Coronavirus cases, new restrictions are now in place.

Visit gov.wales/local-lockdown

If you have symptoms you should:



Self-isolate



Call 119
for a test



Provide details to
Test, Trace, Protect

ONLY BOOK A TEST IF YOU HAVE AT LEAST ONE OF THE FOLLOWING SYMPTOMS:

High temperature

New, continuous cough

Loss / change to your
sense of smell or taste


WG41275

Stay Connected




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